



G.S. Mandal's  
**MAHARASHTRA INSTITUTE OF TECHNOLOGY  
AURANGABAD**

**(An Autonomous Institute)**

**Accredited with "Grade A" by NAAC**

(Formerly Known as College of Applied Science)

Approved by All India Council for Technical Education (AICTE), New Delhi

Permanently Affiliated to Dr. Babasaheb Ambedkar Marathwada University, Aurangabad

DTE Code -2113

Ref: MIT/B. Tech./Acad/AC/2023/06

Date: 19-01-2023

**Notice**

**Mandatory Non-Credit Course (Audit Course)**

All the students of Second Year B. Tech (All Branches) are hereby informed that the list of Mandatory Non-Credit Courses (Audit Course) offered for Second Year B. Tech Semester IV of Academic Year 2022-23 Part-II by various departments are as follows:

Department	Semester	Course Code	Course Name
BSH	IV	HSM 805	Professional Ethics and Corporate Responsibility
BSH	IV	HSM 806	Emotional Intelligence
CED	IV	HSM 807	Stress Management through Yoga

The syllabus of the course is attached for your ready reference. The students are hereby instructed to meticulously check the syllabus before selecting the Mandatory Non-Credit Course (Audit Course).

**Note:**

1. Allocation of Mandatory Non-Credit Course (Audit Course) shall be purely based on first come first served basis.
2. No changes in the preferences shall be entertained once the students have opted for their Mandatory Non-Credit Course (Audit Course)
3. Student shall be allocated the Mandatory Non-Credit Course (Audit Course) as per the choice and preference given and the available number of seats for the respective Mandatory Non-Credit Course (Audit Course)
4. If the student does not complete the registration process, the courses shall be allocated as per the availability and no student will be entertained for any queries related to the same.

Link for Registration <https://forms.gle/uu5jp1qui3WDRHZ38>



**Dr. Prashant Ambad**  
(Dean Academics)



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## Copy to:

1. Director for information
2. Additional Director for information
3. Registrar and Deans for information
4. Joint Registrar, Associate Deans and Deputy Registrar for information
5. SY Class Teachers for information and n.a. through HOD

***Students must complete online registration for Mandatory Non-Credit Course on the provided link or by scanning the QR Code as given. The link for registration will be available from 21-01-2023 (10.00 am) to 22-01-2023 (7.00 pm).***





# Maharashtra Institute of Technology, Aurangabad (An Autonomous Institute)

<b>Faculty of Science &amp; Technology</b>					
<b>Syllabus of S. Y. B.Tech. All Branches (Semester IV)</b>					
Course Code: HSM 805			Credits: 0-0-0		
Course: Non-Credits Mandatory course (Professional Ethics and Corporate Social Responsibility)					
<b>Teaching Scheme:</b>					
Theory: 02 Hrs. /week					
<b>Objectives</b>	To develop understanding of professional ethics in different organizational context. To identify, analyse, and resolve ethical issues in business decision making. To develop various corporate social Responsibilities and practice in the professional life				
<b>Unit-I</b>	Professional Ethics and Business: The Nature of Business Ethics; Ethical Issues in Business; Moral Responsibility and Blame; Utilitarianism: Weighing Social Costs and Benefits; Rights and Duties of Business. <span style="float: right;">(04 Hrs.)</span>				
<b>Unit-II</b>	Professional Ethics in the Marketplace: Perfect Competition; Monopoly Competition; Oligopolistic Competition; Oligopolies and Public Policy Professional Ethics and the Environment: Dimensions of Pollution and Resource Depletion; Ethics of Pollution Control; Ethics of Conserving Depletable Resources. <span style="float: right;">(04 Hrs.)</span>				
<b>Unit-III</b>	Professional Ethics of Consumer Protection: Markets and Consumer Protection; Contract View of Business Firm's Duties to Consumers; Due Care Theory; Advertising Ethics; Consumer Privacy. <span style="float: right;">(4 Hrs.)</span>				
<b>Unit-IV</b>	Introduction to Corporate Social Responsibility: Corporate Social Responsibility: Concept, Scope & Relevance and Importance of CSR in Contemporary Society. CSR and Indian Corporations- Legal Provisions and Specification on CSR, A Score Card, Future of CSR . <span style="float: right;">(4 Hrs.)</span>				
<b>Unit-V</b>	Potential Business Benefits—Triple bottom line, Human resources, Risk management, Supplier relations; Criticisms and concerns—Nature of business; Motives; Misdirection. <span style="float: right;">(4 Hrs.)</span>				
<b>Unit-VI</b>	Corporate Social Responsibility: Corporate Social Responsibility and Small and Medium Enterprises (SMEs) in India, Corporate Social Responsibility and Public-Private Partnership (PPP) in India. <span style="float: right;">(04 Hrs.)</span>				
<b>Textbooks / Reference Books</b>	<b>Sr. No.</b>	<b>Title</b>	<b>Author</b>	<b>Publication</b>	<b>Edition</b>
	1	Business Ethics: Texts and Cases from the Indian Perspective	Ananda Das Gupta	Springer	2014
	2	Business Ethics: Concepts and Cases	Manuel G. Velasquez.	Pearson	2014
	3	Corporate Social Responsibility: Readings and Cases in a Global Context	Andrew Crane, Dirk Matten, Laura Spence;	Routledge	2013
	4	Corporate Social Responsibility in India	Bidyut Chakrabarty	Routledge	2015



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<b>Syllabus of S. Y. B.Tech. All Branches (Semester IV)</b>					
Course Code: HSM 806			Credits: 0-0-0		
Course: Non-Credits Mandatory course (Emotional Intelligence)					
<b>Teaching Scheme:</b>					
Theory: 02 Hrs. /week					
<b>Objectives</b>	To interpret and manage emotions. To learn the four core skills required to practice emotional intelligence. To relate emotional intelligence to the workplace.				
<b>Unit-I</b>	Introduction to emotion, Development of emotions and emotional maturity, intelligence & wisdom, Science of Emotional Intelligence, EQ and IQ (04 Hrs.)				
<b>Unit-II</b>	Concept, theory, measurement and applications of intelligence, Dimensions of Trait EI Model: Self-awareness, Self-regulation, Motivation, Empathy, Social skills. (04 Hrs.)				
<b>Unit-III</b>	Emotional intelligence: concept, theory and measurements, Correlates of emotional intelligence (04 Hrs.)				
<b>Unit-IV</b>	Emotional intelligence, culture, schooling and happiness, Emotional Intelligence at Work place: Importance of Emotional Intelligence at Workplace? Cost-savings of Emotional Intelligence. (04 Hrs.)				
<b>Unit-V</b>	For enhancing emotional intelligence EQ mapping, Managing stress, suicide prevention, through emotional intelligence, spirituality and meditation. (04 Hrs.)				
<b>Unit-VI</b>	Application of emotional intelligence at family, school and workplace, Case Studies Measuring Emotional Intelligence: Emotionally Intelligence Tests. (04 Hrs.)				
<b>Textbooks / Reference Books</b>	<b>Sr. No.</b>	<b>Title</b>	<b>Author</b>	<b>Publication</b>	<b>Edition</b>
	1.	Emotional Intelligence- Why it can Matter More than IQ	Daniel Goleman	Bantam Doubleday Dell Publishing Group	1996
	2.	Working with Emotional Intelligence	Manuel G. Velasquez.	Bantam Doubleday Dell Publishing Group	2000
	3.	Emotional Intelligence Coaching	Liz Wilson, Stephen Neale & Lisa Spencer-Arnell	Kogan Page India Private Limited	2012
	4.	Corporate Social Responsibility in India	Bradberry, Travis and Jean Greaves	Perseus Books Group	2009



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<b>Faculty of Science &amp; Technology</b>					
<b>Syllabus of S. Y. B.Tech. All Branches (Semester IV)</b>					
Course Code: HSM 807			Credits: 0-0-0		
Course: Non-Credits Mandatory course (Stress Management Through Yoga)					
Teaching Scheme: Theory: 02 Hrs. /week					
<b>Objectives</b>	<p>To identify common stressors inherent in today's global marketplace.</p> <p>To develop an understanding of the impact of stress on physiological, emotional and cognitive processes.</p> <p>To learn to manage the stress through art of Yoga</p>				
<b>Unit-I</b>	Mental Health: Meaning and Importance; Yogic Perspective of Mental Health, Indicators of Mental Health, Stress: Meaning and Definition; Symptoms, Causes and Consequences of Stress, Meaning of Management – Stress Management, Stress in Modern Culture & Society. (06 Hrs.)				
<b>Unit-II</b>	Concept of Stress according to Yoga, Assessing your Stress & Building Resilience. (03 Hrs.)				
<b>Unit-III</b>	Physiology of Stress on: Autonomic Nervous System (ANS), Endocrine System, Hypothalamus, Cerebral Cortex and Neuro humors. (03 Hrs)				
<b>Unit-IV</b>	Mechanism of Stress related diseases: Psychic, Psychosomatic, Somatic and Organic phase. Role of Meditation & Pranayama on stress - physiological aspect of Meditation, Constant stress & strain, anxiety. (04 Hrs)				
<b>Unit-V</b>	Meaning and definition of Health: various dimensions of health (Physical, Mental, Social and Spiritual) - Yoga and health -Yoga as therapy. Physical fitness. Stress control exercise - Sitting meditation, Walking meditation, Progressive muscular relaxation, Gentle stretches and Massage. (05 Hrs)				
<b>Unit-VI</b>	Preventive and curative effects of Yoga on stress related disorders: Hypertension, Heart problems, Bronchial Asthma, Peptic Ulcer, Diabetes Mellitus, Arthritis, Anxiety Neurosis and Headache (03 Hrs)				
<b>Textbooks</b> / <b>Reference Books</b>	<b>Sr. No.</b>	<b>Title</b>	<b>Author</b>	<b>Publication</b>	<b>Edition</b>
	1	Stress Control for peace of Mind	Linda Wasmer Andrews	Main Street	2005
	2	Yoga for stress	VimlaLalvani	Hamlyn	1998
	3	Yoga perspective in stress management	H.R. Nagendra, and R. Nagarathana,	Swami Vivekananda Yoga Prakashana	2004
	4	Yoga practices for	H.R. Nagendra,	Swami Sukhabodhanandha	2004



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		anxiety & depression	and R. Nagarathana,	Yoga Prakashana	
	5	Stress management by Yoga	K.N. Udupa,	Motilal Banaridass Publishers Private Limited.	1996